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Coaching Supervision: A Review

Project Information

This study compiles all of the current coaching supervision research and pulls in concepts from therapeutic research as well. We feel that it is important to review many of the current models so that coaches can fully understand the supervision paradigm, make informed decisions regarding their own supervision, and assess possible models to adopt when working with supervisees. Having a discussion on possible future research may stimulate new thoughts amongst attendees regarding additional research ideas and possible collaborations.

The project has already been completed and published in International Coaching Psychology Review. Relevant material published after the date of the final manuscript will be added for this session.

The Study compiles the current known research on coaching supervision and related research from the therapeutic domain.

Description of content of contribution

This contribution will add to attendees knowledge base on coaching supervision. Several coaching supervision models will be reviewed and comparisons made with therapeutic supervision. A listing of supervision requirements by coaching organizations will be provided. Ideas for future research will be provided for discussion and possible collaboration.

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Personal information

Research Assistant, **J. Thomas Tkach**, International Coach Federation

Thomas is interested in neuroscience, adult change, personality, and the psychology of political and religious ideologies. He carried out most of the literature review, including coaching supervision definitions, models, research, and background.

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Director of Coaching Science, **Joel DiGirolamo**, International Coach Federation

Joel is interested in understanding the inner workings of the coaching process and the process through which human adults change attitudes or behaviors. He has contributed to this work with the overall organization of it, bringing in the therapeutic elements, and providing future research possibilities.

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